



HOW TO MAKE A SENSORY STAR



1. Find 5 sticks of a similar length and thickness



2. Tie an overhand knot (the start of a shoelace) at the top of 1 stick.



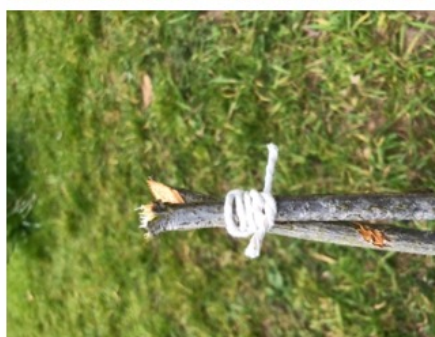
3. Take your second stick, lay it next to the first.



4. Wind the string around the top of both sticks 3-4 times.



5. Pass the string between the two sticks, pull tightly around the string already there.



6. Tie the end of the string to the original part of the string, using a double overhand knot.

7. Take a third stick and place alongside the original sticks.



8. Repeat steps 1-6, with the free end of sticks 2 & 3.



9. Repeat with stick number 4 and stick number 5.

10. Not that you have 5 sticks all bound together, its time to make a star!



11 Twist the sticks around so that they make the 4 points of a 5 pointed star.

12. Bind the two loose stick ends together, wrapping, then tying the string with an overhand knot.



Now you have your star, it's time to decorate as you wish

